Bollywood dance workshop programme – Priyanshi Gupta

1. Introduction about the workhop – **5 minutes**

2. Start with some quick dance moves on a bollywood short dance video – freshen up – cheer up :) – warm up - **15 minutes**
    - Start with shorts video – 30 seconds dance video
    - Follow simple dance steps

3. Presentation – **30 minutes**
    - What is Bollywood dance – hybrid of Indian dance forms – watch some bollywood movie dance songs
    - Many Indian classical dance forms – watch an introduction video on some of the Indian classical dance forms

4. Emphasis on Indian classical dance form "Kathak" - **20 minutes**
    - Watch video on the meaning and introduction of Kathak
    - Kathak dance live performance – two dance pieces (1. Standard classical dance, 2. Expressive dance "Mudra")

5. **Break – 30 minutes**

6. Interactive dance session – learn with fun – **50 minutes (maybe longer with breaks)**
    - Learn bollywood dance steps on a 1-2 minutes long song
    - Duration will depend on your enagagement :)

 # Total duration ~ 2 hours 30 minutes

- This is the minimum duration. We will be open for more discussions/questions during the workshop even if it takes a bit longer!